

## **Bios**

### **McDonald and Bushey Combined Bio for Retirement Your Way**

Gail M. McDonald and Marilyn L. Bushey are executive coaches who have helped thousands of leaders make significant improvements in their ability to lead, build relationships, deliver results, and enhance their sense of self-fulfillment. In *Retirement Your Way*, Gail and Marilyn turn their attention from the world of work to the world of retirement. There, they apply their expertise and innovative thinking to help their readers make changes and build lives of contribution, vitality, and joy throughout their retirement years.

#### **Gail M. McDonald**

Gail M. McDonald is President of Transition Resources, Inc., where she specializes in executive coaching, team coaching, and meeting facilitation. Her clients span multiple industries, including high-tech, banking, financial services, aerospace, manufacturing, transportation, distribution, and nonprofit.

Prior to forming her own company, Gail worked in four corporations, including Ryder System, Inc. where she served as a C-level executive. She is a member of the Board of Directors for the United Way of Metropolitan Dallas (UWMD) and for the Children's Medical Center Foundation of Dallas. She holds several certifications, including Professional Certified Coach (PCC) from the International Coach Federation.

Gail and her husband, Jeff Murphy, live in Dallas, Texas where they spend their free time traveling, playing bridge, and enjoying their family, including their daughters and sons-in-law, Lindsey, Jaime, Nick, and JR, and four incredible grandchildren.

#### **Marilyn L. Bushey**

Marilyn L. Bushey is the CEO of PowerPAC, Inc., and is an executive coach, facilitator, and leadership consultant. Her clients include leaders in the banking, distribution, healthcare, manufacturing, insurance, government, high-tech, financial services, colleges and nonprofits.

Marilyn is a serial entrepreneur and has owned or been an owner in three businesses. She is a former national board member of the National Association of Women Business Owners (NAWBO) and was awarded the first Lifetime Achievement Award given by the organization. She was also recognized by City of Irving as a High-Spirited Citizen for her outstanding contributions to the Irving Community.

Marilyn enjoys a busy social life and is an avid reader and movie buff. She lives in Texas, on the banks of Lake Lewisville with her husband Brian and their cat Golden.